HUSCH BLACKWELL



Sydney Shelstad

ASSOCIATE

CHICAGO, IL
PHONE: 312.526.1543
EMAIL: SYDNEY.SHELSTAD@HUSCHBLACKWELL.COM

OVERVIEW

Sydney solves complex legal issues in the Labor & Employment arena.

Sydney enjoys working with clients to tackle diverse problems, making law a natural career choice. Prior to enrolling in law school, she worked as a paralegal, honing her research and drafting skills. As a law student, Sydney served not only as a summer associate at Husch Blackwell, but also as an in-house intern with ConAgra Brands. The experience provided insight into client expectations and the intersection of law and business and taught her the importance of effective communication.

Sydney's interest in labor and employment matters is driven by the dynamic nature of the field. She offers both preventative counsel and litigation defense, finding satisfaction in helping clients navigate evolving employment laws and defending them against various claims.

Known as an active listener and a hard worker, Sydney is committed to problem-solving and delivering the best results for clients, ensuring clear and consistent communication throughout the process. Sydney's dedication and skills make her a valuable asset to the Husch Blackwell team.

Services

Employment Litigation Defense
Labor & Employment

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Education

- J.D., Chicago-Kent College of Law
    - *Chicago-Kent Law Review*, Senior Associate
- B.A., University of Minnesota

Admissions

- Illinois
- Minnesota
- U.S. District Court, Northern District of Illinois
- U.S. District Court, District of Minnesota



2025 Pro Bono Champion

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