HUSCH BLACKWELL



Elizabeth LaFoe Frederick

SENIOR COUNSEL

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OVERVIEW

An experienced attorney and registered nurse, Liz is passionate about supporting and advocating for healthcare providers. She practices from Columbia, Missouri as a member of our virtual office, The Link.

With more than 10 years of clinical experience in the healthcare field, Liz has worked as a registered nurse in emergency medicine, intensive care, trauma, and forensics. Because of her background, she truly understands the ins and outs of healthcare, both clinically and operationally. This gives her an advantage as an advocate for healthcare providers facing a variety of legal challenges, including regulatory compliance issues, audits and overpayment demands, medical malpractice claims, professional license matters, and government investigations.

Liz regularly represents physicians, pharmacists, nurses, hospice providers, and long-term care providers before professional boards and government agencies, as well as assisting with day-to-day compliance questions. She has experience defending professional licenses for multiple provider types (e.g., physicians, pharmacists, chiropractors, nurses, and nursing home administrators) before their respective boards in multiple states. An experienced litigator, Liz takes a team approach to providing effective and strategic medical malpractice defense and regularly serves as case manager, as well as handling administrative appeals in a variety of contexts. She also guides hospices, long-term care providers, and other healthcare clients through health inspections (surveys), internal investigations, and audits.

Industry

Healthcare

Services

Healthcare Operations
Healthcare Providers
Healthcare Regulatory & Compliance Counseling
Hospice & Palliative Care
Post-Acute Care
State Attorneys General Practice
White Collar, Internal Investigations, & Compliance

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While Liz works with a wide variety of healthcare providers, she has a special focus on long term care providers, such as skilled nursing and assisted living facilities. After more than 10 years assisting these clients, Liz understands the heavy regulatory burden in the post-acute care space and the challenges faced by facilities. Liz has succeeded in contesting deficiencies on behalf of long-term care facilities through informal dispute resolution and the federal administrative appeal process, and she has successfully handled many involuntary discharge matters in multiple states.

In addition to her healthcare practice at the firm, Liz also serves as general counsel for a physician-operated e-commerce company specializing in health and personal care products. This role gives her insight into the importance of balancing risk management and compliance objectives with business goals and helps her understand clients' daily business concerns.

Experience

- Assisted skilled nursing facilities in overturning or reducing citations and other sanctions through federal appeals process and informal dispute resolution.
- Through administrative appeal process, decreased alleged $8.6 million hospice client's overpayment identified during Medicare audit to less than 1 percent: $77,000.
- Represented professionally licensed individuals such as nurses, nursing home administrators, physicians, and pharmacists before their respective licensing boards.
- Obtained early dismissal of civil action brought against Fortune 500 company.
- Represented government entities in administrative hearings and civil litigation.
- Achieved success for multiple post-acute care providers in involuntary discharge matters.
- Achieved favorable resolutions in medical malpractice cases, often settling for 10-20% of original demand.

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Recognition

- *Best Lawyers: Ones to Watch® in America*, Health Care Law, 2026 and 2027
- *Missouri Lawyers Media*, POWER List in Medical Malpractice Litigation, 2026
- Missouri Bar Pro Bono Wall of Fame, 2016-2018, 2020-2021
- CALI Excellence for the Future Award: Family Violence Clinic, Spring 2015

Education

- J.D., University of Missouri School of Law
  - *cum laude*
  - *Missouri Law Review*, Associate Editor
- B.S.N., University of Florida
  - Nursing

Admissions

- Missouri
- Colorado

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*Contact Elizabeth to set up an in-person consultation by appointment in the Jefferson City office.

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